



CHECK IT OUT

RD EXAM STUDY RESOURCES

- **Study Guide for the Registration Examination for Dietitians - ADA members at www.eatright.org.** Information and practice exam with CD version of computerized RD exam format.
- **Hess & Hunt Review of Dietetics 2012-2013 Edition.**
- **RD Practice Exam by Visual Veggies –www.visualveggies.com.** CD with a database of 600 questions, answers and descriptions. Can only be loaded onto one computer.
- **Dietitian Exam.com - www.dietitianexam.com or 1-877-990-3926.** Web-based review with 45 learning modules and over 1000 questions. It is patterned after the computerized format of the RD exam.
- **Breeding and Associates – www.rdexa.com.** Intensive 3-day workshop includes comprehensive manual, flashcards and access to on-line practice exams. You can also purchase the notebook and/or access to the on-line practice questions separately.
- **Inman's Review Course/ADA Registration Examination - www.inmanassoc.com.** Intensive 3-day review course includes a comprehensive manual and CDs or purchase notebook and CDs.
- **RD in a Flash - www.rdinaflash.com.** A set of over 600 flash cards with RD exam review questions.
- **RD Study.com –** Includes approximately 800 practice questions and video tutorials. WIC graduates and employees receive 3 months for the price of 1 month (\$75.00). Call (813) 675-7544 or go to: orders@rdstudy.com and include your WIC affiliation.

Textbooks:

- Boyle MA, Morris DH. *Community Nutrition in Action: An Entrepreneurial Approach*. 4th ed. Belmont, CA: Wadsworth; 2004.
- Mhan LK, Escott-Stump S. *Krause's Food, Nutrition and Diet Therapy*. 11th ed. Philadelphia, PA; WB Saunders; 2003.
- Payne-Palacio J. Theis M. *Introduction to Foodservice*. 10th ed. Upper Saddle River, NJ; Pearson Prentice Hall, Inc.; 2004.
- McWilliams, M. *Foods Experimental Perspectives* 6th ed. Upper Saddle River, NJ: Pearson Education, 2007

Free online tutorials

- Parenteral Nutrition Tutorial is offered free online through California State University Northridge to review the basics of total parenteral nutrition.
<http://www.csun.edu/~cjh78264/parenteral/introduction.html>
- Nutrition Care Process Free Tutorials go to the ADA web site-*Member Center, Practice, Nutrition Care Process, Member NCP Resources, Practitioners*.